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Title: Nigerian propolis; An immune booster with anti-sickling properties

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RESEARCH CARRIED OUT IN

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And in collaboration with;

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INTRODUCTION

Sickle cell disease (SCD) also known as **drepanocytosis** is a disease that has become rather convincing to the medical doctors and scientists that there is yet no orthodox or herbal medication capable of providing total therapeutic cure for SCD in humans.

Graph comparing Nigeria and other countries.



The body and blood

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VAL-HIS-LEU-THR-PRO-VAL-LYS-SER-ALA

Origin: The inheritance of sickle hemoglobin gives rise to the pathological characteristics.
 SCD is the first genetic disorder to be characterized at the molecular level



Clinical manifestations

Constitutional

impaired growth/dev

- increased risk of infection
- Meningitis
- > osteomyelitis
- pneumonia
- skin ulcers
- among others

Haematological

haemolytic anaemia aplastic crises splenic sequestration

vaso-occulusion

cardiovascular complication gastrointestinal genitourinary neurologic, ocular



Factors that induce and favor sickle cell formation can be used to deduce some therapies for the management of SCD.

 Deoxygenation of HbS molecule
 Increased percentage of HbS in the red blood cell as a result of cell dehydration
 Low pH and increased temperature

Side effects manifested are: •Toxicity •Addiction •Alloimmunization •Other complications Erythropoietin Butyrate Clotrimazole Hydroxyurea Flucor Clofibrate analogues Niprasan Cyclavit To mention but a few



Various managements of SCD
Good hygiene practice / good ventilation
Dietary and nutrients
Bone marrow transplantation
Gene replacement therapy
Orthodox (anti-sickling agents/drugs)
➢ Turning of genes that turn on HbF

•Herbal remedies

Dietary and Nutrients

- Good feeding habits and Rich nutrients that can be utilized for managing SCD.
 Food rich in anti-oxidants (vitamins and minerals) such as fruits and vegetables.
- Parsley (diuretic)
- Red clover (can serve as <u>lung/blood</u> tonic and blood cleansers
 Alfalfa
- Echinacea (king of blood purifiers)
- Garlics , gingers
- To mention but a few

HERBAL MEDICINE

Management of disease conditions with the use of herbal medicine has gained prominence and generating success world wide (globally) with Asian countries leading in this aspect

Natural products (NP) of diverse sources such as terrestrial plants, marine/aquatic ecosystems, animal /insects products continue to provide veritable sources of bioactive compound, crude or purified which have been used and are still been used for the management of different disease conditions, SCD inclusive.

NP claimed to have potential anti-sickling activities include;

- Cissus populnea L CPK
- Xanthoxylum xanthoxyloids (Fagara)
- cajanus cajan (cyclavit)
- Niprasan

Propolis (Bee product)





Nigerian propolis

Crude honey

Propolis has a long history of medicinal use, dating back to 350 B.C., the time of Aristotle.

Propolis are;

- Natural antibiotics
- Natural anti-oxidants
- > Natural immune boosters, etc



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Methodology Extraction protocol

Aim of study: To extract the phytochemicals in propolis using the best solvent system.



Propolis soaked in methanol for 72 hrs



Isolation of crude methanolic extract of NG Propolis using sephadex LH-20 on column

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Anti-sickling (*in vitro* assay) Inhibition assay

Aim: To evaluate the inhibitory properties of methanolic extracts of propolis against sodium metabisulphite induced sickle cell.

Reagents/chemicals/ apparatus used: Incubation medium(ICM)Tris and normal saline, centrifuge, micropipette, hematocrit tubes, HbSS blood, propolis extract (1-5mgml⁻¹), microslides, cover slips, paraben, paraffin wax, microscope, timer

Procedure 1: preparation of 10 % erythrocytes suspension



whole blood

Mixed with ICM and centrifuged @ 2000 r.p.m for 5 Mins

The process was repeated 2 times till the supernant becomes clearer m h

The supernant was removed and made upto 10 ml mark in the hematocrit tube using the ICM

Procedure 2 : In-vitro inhibition assay

(0.1 ml)

Incubate for 10 mins

1ml of each extract conc-

place 1 drop of the mixture on a microslide, + a drop of Na2S2O4. Cover with a slip & view under the microscope

Findings – Inhibitory assay results

S/N	Extract Concentration	Total no of cells	Number of sickled cell at time 0min No of sickled cell at time 20mins		% tage sickled cell
			0 min	20 mins	
1.	methyl paraben (+ ve control)	602		5	0.83%
2.	sodium metabisulphite (- ve control)	400		240	60%
3.	5mg/ml	1000		4	0.4%

Findings - phytochemical assay



(i - iv): TLC stripes showing spots of phytochemicals contained in Nigerian propolis
 (v) : Fractions 1- 12 of NG pro separated using sepahdex LH-20

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 Mr Michael Ukattah of Amachi Farms, Ikwuano, Umuahia for providing the propolis

Useful References

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